

The Truth About Fat Burning Foods: Review Considering Nick Pineault's Nutrition system Released

SUMMARY: *DietsAndFitnessGuides.com releases a review of The Truth About Fat Burning Foods a newly launched training course that promises to reveal the findings of Nick "The Nutrition Nerd" Pineault's investigation into fat-burning foods and health.*

The Truth About Fat Burning Foods a recently launched nutrition system has become a popular resource among those wishing to lose weight and improve their overall physical condition by transforming their diets to burn more fat. The system which has sent shock waves through the fitness community has drawn a review from DietsAndFitnessGuides.com's Vince Delmonico.

"The idea that one can burn body fat simply by eating 'fat burning foods' is highly attractive to just about everyone who is looking to lose weight," reports Delmonico. "Our website visitors are always looking for guidance on the best food choices for weight loss, so when we were informed about the release of Nick Pineault's The Truth About Fat Burning Foods program we were eager to review it for them. We were particularly intrigued by Pineault's assertion that many of the foods that most people consider 'healthy' are actually anything but. If the public is indeed being intentionally misled by the food industry to the degree indicated by Pineault then we want to get the word out about it."

Delmonico's The Truth About Fat Burning Foods review explains that the program provides customers with a series of manuals with step by step instructions on how to eliminate fat-storing foods and swap them out for foods said to automatically 'fix' a malfunctioning metabolism.

"It's scary to think that so many foods we have been led to believe are good for us could really be making us fat and unhealthy," says Delmonico. "One of the things that we focused on in our review was the idea that food industry really doesn't care about the public's health as much as they care about their own profits. With all of these new chemicals and genetically modified foods coming of we as consumers really need to be vigilant and really understand what we are putting into our bodies. Certainly, many folks will be thankful for the in depth research Pineault has made available on this topic."

The Truth About Fat Burning Foods is available digitally online allowing customers instant access to all training material s. **[Those wishing to purchase The Truth About Fat Burning Foods, or for more information, click here.](#)**

Vince Delmonico reviews diets, fitness guides and other self help programs on his website DietsAndFitnessGuides.com. Delmonico's The Truth About Fat Burning Foods review is available at the following web address: <http://www.dietsandfitnessguides.com/nick-pineaults-the-truth-about-fat-burning-foods-reviews/>

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